OSL Newsletter

To find out what's going on across campus!
You can also access it here:
https://clubs.humboldt.edu/content/weekly-newsletter-0

FALL '20 BREAK INFORMATION

November 20 at 8pm – November 29 at 8pm

Housing Operational Hours

Housing Office
Sat. 11/21 - Wed. 11/25
8am - 8pm

Thur. 11/26
10am - 2pm

Fri. 11/27 - Sun. 11/29
8am-8pm

Housing Cashier
Mon. 11/23 - Tues. 11/24
9am - 4pm
Closed 1pm - 2pm for lunch

Wed. 11/25 - Fri. 11/27
Closed

JGC Mailroom
Sat. 11/21: 10am – 2pm
Sun. 11/22: 3pm – 5pm
Mon. 11/23 - Wed. 11/25:
10am – 3pm
Thur. 11/26: 10am – 2pm
Fri. 11/27: 10am – 3pm
Sat. 11/28: 10am – 2pm
Sun. 11/29: 3pm – 5pm

College Creek Mailroom
Sat. 11/21: 10am – 2pm
Sun. 11/22: 3pm – 5pm
Mon. 11/23 - Thur. 11/26:
Closed –packages available at JGC mailroom
Fri. 11/27: 11am – 3pm
Sat. 11/28: 10am – 2pm
Sun. 11/29: 3pm – 5pm

IF YOU ARE LEAVING CAMPUS ON OR AFTER NOVEMBER 6TH AND ARE NOT RETURNING UNTIL SPRING

- You **must** submit a Request to Vacate Form. The form is available in the "Forms" tab in your myHousing.
- You will be released from the remaining rent and meal plan charges. If you already paid your housing and meal plan charges in full, any credit on your account would be applied to your Spring charges.
- We suggest that you pack and take your items with you, but it is not required if you will be returning to the same room space.
- ALL TRASH AND FOOD MUST BE REMOVED FROM YOUR ROOM.
- If you are leaving after December 11th, your account will not be adjusted.
- When you are ready to leave, you will check out at the Housing Office where they will deactivate your HSU ID card.
- **"Campus Apartments ONLY"** are required to return their hard key set at that time.

If you are leaving outside of the operational hours you will need to contact us for instructions on how to check out. When you return we will reactivate your HSU ID card and/or return your Campus Apartments hard key set.

Leaving for break, but want to come back?
If you leave the county for Fall Break, but wish to return before Spring you will be required to re-test for COVID-19 quarantine for two weeks. Limited quarantine spaces are available. Please contact us immediately if that is your plan at housing@humboldt.edu. Please contact Student Health and Wellbeing Services for an appointment.

IF YOU ARE STAYING UNTIL THE END OF THE SEMESTER, DECEMBER 19th

We will still be here to assist you with any general questions or maintenance requests please call or stop by our office during the operational hours.

If you need staff assistance for lock outs, conduct, or after hours please call the Residence Life staff on duty:

College Creek, Campus Apartments, & The Hill: (707) 298-0178

Creekview, Cypress, & Canyon: (707) 845-6028

You may also contact University Police Department at (707) 826-5555 for assistance.

Dining Services
Limited services will be available during the break. Please refer to their operational hours and plan accordingly. If you like to order a prepared meal for pick up on Wednesday, November 25th, please tell them by completing this three question form.

Feeling Sick during the Break?
Student Health and Wellbeing Services will be open Monday, Nov. 23rd from 8:45am – 12:00pm and 1:00pm – 4:15pm, Tuesday, Nov. 24th from 9:45am-12:00pm and 1:00pm – 4:15pm, Wednesday, Nov. 25th 9:00am – 12:00pm.

Dining Operational Hours
(Unless otherwise noted, regular business hours for all operations will resume November 30th)

The J
Fri. 11/20: *Closes at 6:00pm*

Sat. 11/21 – Sun. 11/29
Closed

College Creek Market Place
Mon. 11/23 – Fri. 11/27*
11:00am – 4:00pm

*Thur. 11/26
Closed

Sat. 11/28 – Sun. 11/29
2:00pm – 7:00pm

Please keep in mind, all policies & guidelines are still in effect during the break period.

For COVID-19 testing, please make an appointment. Testing hours are:
Monday, Nov. 23rd and Tuesday, Nov. 24th 10:00am – 11:30am and 1:10pm – 3:30pm

If you need medical assistance when Student Health and Wellbeing Services is closed, you may call FONEMED, the after-hours nursing advice line, at (877) 256-3534. This service is free to students. You might require immediate medical attention if you have:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness or confusion
- Severe or persistent vomiting
- Flu-like symptoms not improving after 3-4 days or if symptoms return

For more information visit http://wellbeing.humboldt.edu/hours-appointments

County Mental Health 24-hour crisis line is open (707) 445-7715

In an Emergency, Call 911

HOLIDAY TREE SPRAYING

You are welcome to have a tree in your room, apartments, or suite; it just needs to be treated with a fire-retardant spray. Please be aware that all sprayed trees will be tagged and any tree found in the falls not tagged will be removed on sight. **Please note that all trees must be removed before semester break! There is a $50 removal charge for any tree that is removed by Housing Staff if left at semester break.**

The Housing Department is offer FREE tree spraying. Please call the Housing Office Monday-Friday between 8am-8pm at 707-826-3451 to make an appointment. Please feel free to leave a message with your name, room number, phone number to call back, and times you are free.

Heading out of the county for Winter break?
More information will be provided in the Winter Break Memo about what the process will look like.

Not returning to HSU Housing at the end of Fall semester?
If you are leaving and not returning, you **must** submit a Request to Vacate Form. The form is available in the "Forms" tab in your myHousing. You are required to give 30-day notice prior to vacating the residence halls when leaving the university. If you are leaving at the end of Fall Semester, **you must vacate that residence halls by Saturday, December 19th at 10:00am.**

FOLLOW US

Like our Facebook page at https://www.facebook.com/humboldtstatehousing

Follow our Instagram page at https://instagram.com/humboldtstatehousing to find out what fun events are happening in your community.

STUDENT-LED MURAL COMPETITION

CLICK HERE TO PICK YOUR TOP 3!

Cast your vote by November 15th for the winning submission to be painted in the NR building!

HTTPS://FORMS.GLE/KJH1YHAVZTXSJJNI9

DID YOU KNOW???

There is a student run competition to select an artist to create a mural in the natural resources building.

There are over 15 fantastic student submissions! Deadline to vote is 11/15!

The artist with the most votes will be commissioned by College of Natural Resources to paint their mural submission.

PR
PROJECT REBOUND

F.I.S.C. PRESENTS

Rehabilitation

Incarceration

Friday
the 20th
@2pm

Learn ways in which we can radically rethink the future using a model for rehabilitation

Zoom Meeting ID: 925 8587 1375

HUMBOLDT STATE UNIVERSITY
OFFICE OF RESEARCH AND SPONSORED PROGRAMS

Announcing the 35th Annual

California State University Student Research Competition

HSU participants in the 33rd Annual Student Research Competition

This is your opportunity to highlight your research or creative endeavor, represent HSU, and compete for a cash prize! First, you must submit a written summary of your research or creative project through InfoReady to the Office of Research and Sponsored Programs by **Monday, February 1, 2021.**

If you are selected as a delegate, you will compete virtually through Cal Poly Pomona on April 30th or May 1st, 2021. Only students endorsed by HSU may enter the statewide competition.

To see the full HSU Competition Rules and submit your entry, visit: InfoReady

For more information, please contact the HSU Campus Coordinator Susan Brater at (707) 845-8933 or sb64@humboldt.edu

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***

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THE WILDLIFE SOCIETY, SAN FRANCISCO BAY AREA CHAPTER PRESENTS

ENVIRONMENTAL CAREER DEVELOPMENT WORKSHOP

VIRTUAL WORKSHOP
TWO CONSECUTIVE MONDAYS
NOVEMBER 9 AND 16, 2020
6 PM TO 8 PM

This Career Development Workshop is applicable to anyone in any stage of their career! The Program will be led by three experts in their respective fields including two women who co-founded a coaching business (The Every Person, LLC), where they provide a launch pad for busy professionals to accelerate their career goals. In addition, we will be hearing tips and tricks from a leading environmental guru who has held multiple roles at Caltrans including her current title as the Chief of the Environmental Analysis Branch.

- **SF BAY CHAPTER MEMBERS: $40**
  - USE CODE MEMBER2020
- **NON-MEMBERS: $55**
  - Includes One Year Chapter Membership
- **STUDENTS: $20**
  - USE CODE STUDENT2020; *must demonstrate enrollment after registration*

This workshop would normally cost *hundreds of dollars* but we are offering it at a large discount. Don't miss out on your next great adventure!

REGISTER ONLINE AT:
https://www.sfbaywildlife.org/events/environmental-career-development-workshop

DESIGN YOUR FUTURE TO FIND A JOB THAT SUITS YOU

LEARN HOW TO NETWORK AND INTERVIEW LIKE A PRO!

DEVELOP SKILLS & RECEIVE TOOLS TO EARN YOUR DREAM ROLE!

This workshop will be formatted into two 2-hour Zoom Meetings held one week apart. The topics for each meeting are:

MONDAY NOVEMBER 9
- Intro to Career Planning/Goal setting
- Prepare for a Job change/Promotion
- Q & A with an Industry Expert

MONDAY NOVEMBER 16
- Improve your Resume and LinkedIn profile
- Applying for Jobs and Interviewing
- Tips from an Industry Expert

The Zoom information and all associated handouts/packets to help facilitate the workshop will be e-mailed out after registration and prior to the meetings.

REGISTER ONLINE AT:
https://www.sfbaywildlife.org/events/environmental-career-development-workshop
Send questions to Molly at tws.sf.workshops@gmail.com

MANAGER'S ASSISTANT FELLOWSHIP IN UKIAH, CA

The MANO Project (My Access to a Network of Opportunities) provides internship and fellowship opportunities that offer unique, PAID work experiences that connect, build and develop thoughtful Latino leaders. In partnership with some of the nation's most well-known agencies and organizations, these opportunities provide extensive training, mentoring and professional development support to help students succeed.

PREFERRED SKILLS

- Skills needed in oral and written communication for producing news releases, briefing papers, communication plans
- Organizational skills needed to coordinate and participate in community events and public meetings
- Research abilities needed to collect information for various outlets
- Able to provide excellent customer service to partners
- Independently develop public engagement and interpretation products

DEADLINE

Nov. 13, 2020 - MANAGER'S ASSISTANT FELLOWSHIP

BASIC ELIGIBILITY

- Current college students or graduates ages 17 and up!
- Possess U.S. citizenship or permanent residency
- Driver's license required
- Communications, Anthropology, Natural Resources, Public Relations, Environmental Science and/or Creative Writing or similar majors preferred, but open to a variety of Bachelors or Masters degrees and recent grads with strong writing skills
- Bilingual in Spanish preferred but not required
- And bring passion to your work!

APPLY NOW AT MANOPROJECT.ORG

MANOPROJECT.ORG

THE MANO PROJECT IS AN INITIATIVE OF HISPANIC ACCESS FOUNDATION

Deadline:
Nov. 13, 2020

We have Diwali 2020 virtual celebration this year - this Friday, November 13 at 5:30 - 7:30pm!

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For the first 50 students in the local area will have a free meal on us at Tandoori Bites and the first 25 students who are out of the area will get a $25 door dish gift card! There will also be raffle prizes.

***

We'll be having a free dance seminar and a bunch of cultural sharing! This event is for those who have celebrated Diwali in the past or for those who this will be their first Diwali event.

TRANS DAY OF REMEMBRANCE 2020

LIVING ZINE

event: november 20th @5pm

zoom code: 2I4 362 5853

Send submissions by Sunday, November 15th

call for submissions

TDoR is a day to share grief, illuminate injustice, and find community.

Submit poetry, visual art, music, photography, dance, and other stuff via the google form in our bio

Trans Day of Remembrance 2020: Living Zine

This is a call for artwork, poetry, dance, music, drag performance, photography, etc. submissions for TDoR 2020. TDoR is a day to share grief, illuminate injustice, and find community. Please send all submissions via the google form by November 15th (late submissions will be accepted).

***

Trans Day of Remembrance is a day to mourn and find healing together. We have lost 32 transgender people to acts of direct transphobic violence in the united states during 2020 alone, mostly Black trans women. As we illuminate injustice and remember the lives we have lost, we also want to highlight trans survival, resistance, and life.

***

The event is on Friday, November 20th @ 5pm and the zoom code is 214 362 5853.

BLACK LIBERATION & HERITAGE MONTH 2021
PLANNING COMMITTEE
FRIDAYS 3:30-4:30 BEGINS OCT 23RD
Bring your ideas, passion and interest and support in creating DIGNITY AFFIRMING Black Liberation & Heritage programs.
Meeting ID: 820 1952 0892
Passcode: 4s1?cJ

RSO LEADER & CLUB INFO SUPPORT HOURS

DATE/TIME:

MONDAY:3-4PM
WEDNESDAY: 5-6PM
FRIDAY: 10-11AM

Drop into our office zoom:

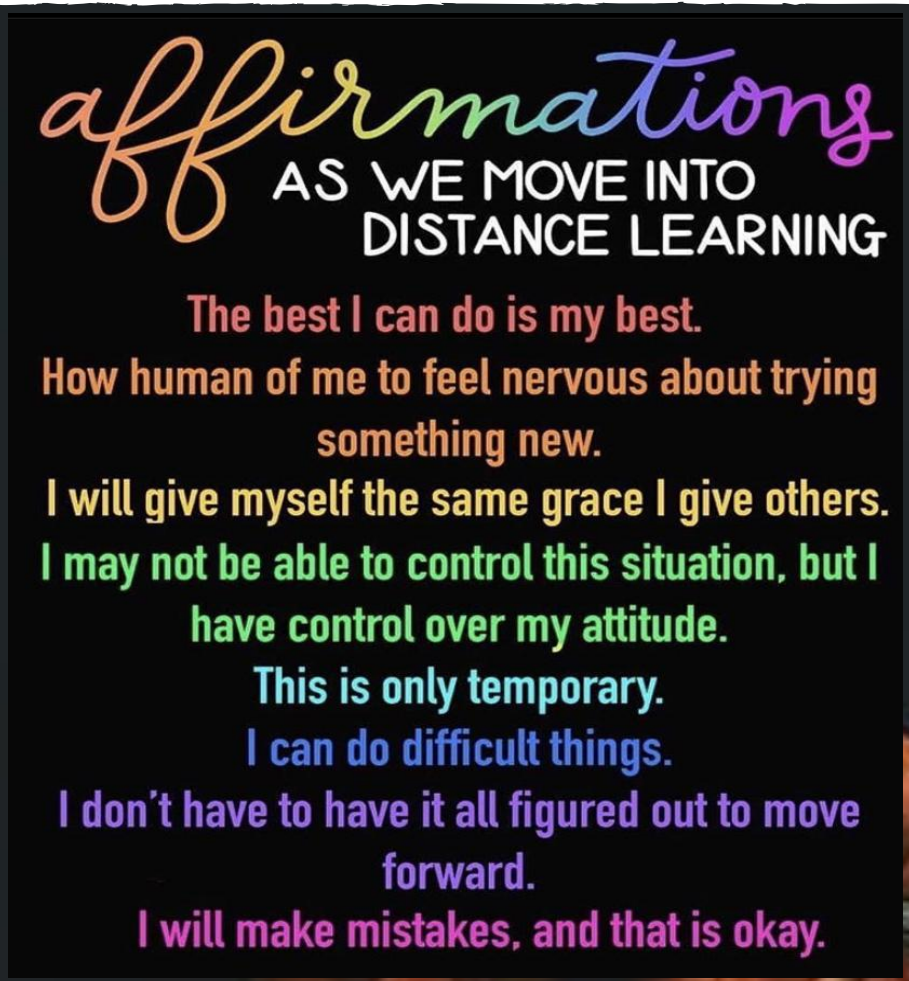
link.humboldt.edu/RSO20_OfficeHours

If you are not available any of the times above and need to chat with us, email clubs@humboldt.edu to schedule a time

So you're an RSO officer, now what??

Get the answer to all your questions and MORE at RSO leader Office Hours!

Affirmations for a Virtual Semester



APPLY NOW!

COMMUNITY-BASED LEARNING MINI GRANTS

Are you participating in a community-based learning class this semester? Could you use assistance with costs related to your experience? Awards of up to $250 are available to eligible students on a first-come, first-served basis to provide support for expenses related to Service Learning, Academic Internships, and field placements.

tinyurl.com/CBLminigrant

For more information contact the Center for Community Based Learning ccbl@humboldt.edu

Student Dialogue to Discuss the Election

Has this election cycle caused you Anxiety, Stress, or Frustrations? Join us to talk, decompress, and identify possible actions

Register at:

osl.humboldt.edu/HSUVotes

October 27th @ 5pm

November 4th @ 5pm

November 12th @ 12pm

Funded by AS Associated Students

Counseling & Psychological Services Humboldt State University

centeractivities
Rentals Now Open
COME
RENT GEAR!
Wednesdays & Fridays
12:00pm - 4:00pm
Located at HSU RWC Gear Room
By Appointment Only
Email:
cntract@humboldt.edu
Phone:
(707) 826 3357
Rental Returns: Tuesdays & Thursdays 11:00am-1:30pm

Oh Snap Virtual Cooking Classes

Oh SNAP is looking for folks who are interested in hosting our cooking classes! You would provide the recipe and host a live zoom session (facilitated by Oh SNAP) of you cooking the recipe. We would provide the ingredients to you and student participants who would follow along! We can also provide some recording equipment if needed!

There are a few specifications for the recipes, so if you're interested please email me, ravin.craig@humboldt.edu. And I'll follow up! Please feel free to forward this to anyone who might be interested!!

Cru at HSU

Come join us as we gather in fellowship to build our relationship with each other and with Jesus.

Weekly Activities:
Women's Bible Study
Men's Bible Study
Friday Meetings
(with fun After Actvities!)

Connect with us for more information!

Join us on Lumberjack Link
Email: cru@humboldt.edu
Insta: @hsu.cru
FB: Cru at Humboldt State University

Our mission:
Cru is a caring community passionate about connecting people to Jesus.

Liked by **hsu_adpic** and **20 others**

hsucaps Try a workshop that has helped students across several CSU campuses walk away with their own toolbox of thought exercises and mindfulness skills that will give you a better sense of your personal values and how you want to focus your energy. This is a three-part series done best in order: Recognition, Insight, and Openness. No need to complete an intake appointment at CAPS in order to attend, just click the zoom links on the CAPS Groups & Workshops webpage and download the MHT (RIO) Student Workbook before beginning.

This series is offered during three different time slots: Tuesdays 12-1 pm and 1-2 pm, and Fridays 10-11 am. Just choose your preference based on which times work for your schedule.

CAPS PRESENTS
HARM REDUCTION FROM ALCOHOL AND OTHER DRUGS
A supportive group where you can discuss your relationship with substances and discover strategies to make changes
ABSTINENCE NOT REQUIRED! SHOW UP AS YOU ARE!
FRIDAYS 11AM-12PM
Email ned.peck@humboldt.edu for zoom link and c
hsucaps

Liked by **hsu_adpic** and **37 others**

hsucaps This is a single session of therapy focused on a specific goal. You can also schedule a single session by appointment, if preferred. Our number is 707-826-3236.

If you decide you want to be assessed for ongoing therapy services, you can make an intake appointment after your session.

Associated Students

STUDENT RESOURCE TOWN HALL

TWO TOWN HALLS HOSTED BY A.S. FOR STUDENTS TO VOICE THEIR NEEDS FOR CAMPUS RESOURCES

TO REGISTER FOR EITHER TOWN HALL, PLEASE REGISTER USING THE FOLLOWING LINKS:

NOV. 17TH @ 4PM

https://hsu.link/srth1

DEC. 3RD @ 3:30PM

https://hsu.link/srth2

CAPS Resource:

Managing Anxiety and Maximizing Wellness

Wednesdays at 2:30pm

Stay Connected with Recreational Sports!

Sport Clubs may not be practicing but, now is a great time to join a team, meet the players, and join in virtual activities. Clubs are hosting movie nights, cooking over zoom, game nights, and many other fun virtual activities to keep you connected and socially engaged! Check out our website to learn about the 15 different club sports. Whether you're an experienced athlete or want to learn how to play a new sport, we have a spot for you on the team! Email the club president (information found on our website) to join.

Website: https://recsports.humboldt.edu

Follow @hsu_sportclubs on Instagram for the latest info and updates!

HUMBOLDT STATE UNIVERSITY

Student Pen Pal Program

Sponsored by: Housing & Residence Life; National Hall Residence Honorary; Residence Hall Association; Student Life; Social Justice, Equity, & Inclusion Center

Campus Wide Pen-Pal Program to help us stay close while we are apart

Please complete the "Pen Pal Connection" Form to Participate: hsu.link/PenPal2020

Sign up at hsu.link/PenPal2020

HUMBOLDT STATE UNIVERSITY

GREEN & GOLD

VIRTUAL FRIDAYS

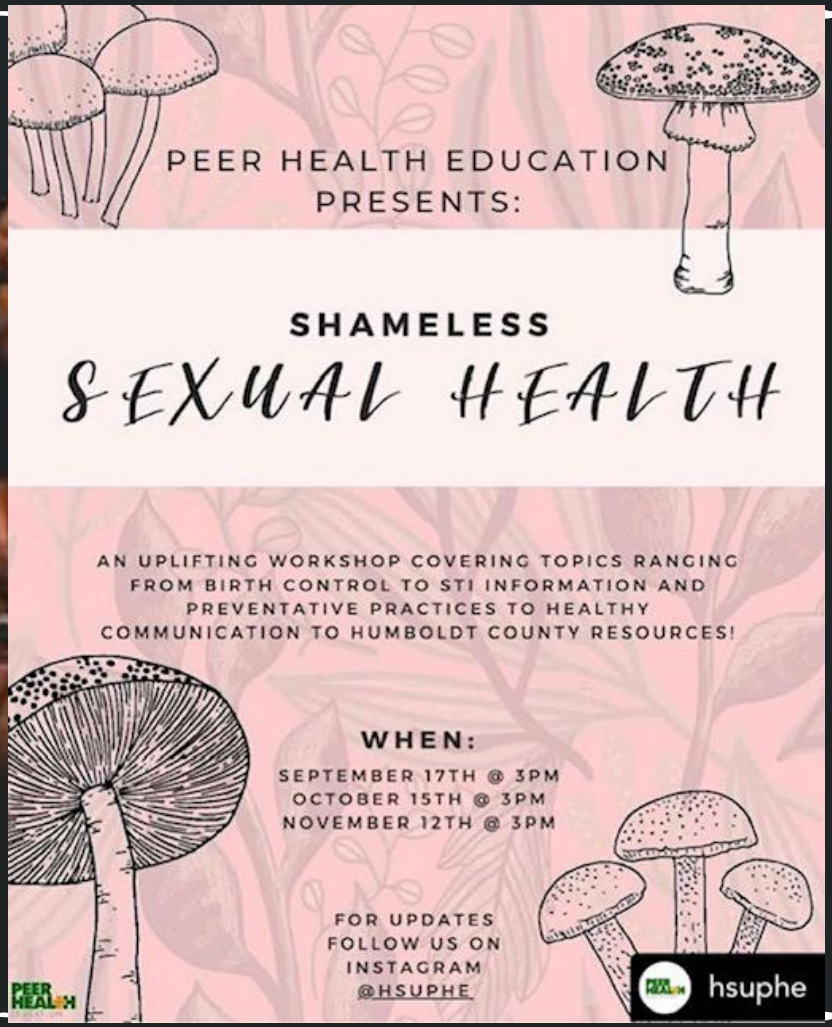
begins Friday, August 28th

USE HASHTAG #HUMBOLDTSTATE

Green & Gold Fridays

***

Post your selfies with HSU Gear on Instagram and tag #humboldtState for a chance to win some cool prizes!



Sexual Health Workshop with PHE

***

Every month from September to November

ARE YOU RECEIVING HUMBOLDT ALERTS?
ALERTS ARE USED TO NOTIFY YOU ABOUT THREATS TO PUBLIC SAFETY VIA EMAIL, PHONE CALL, OR TEXT MESSAGE.
SIGN UP NOW AT humboldtgov.org/alerts
OES

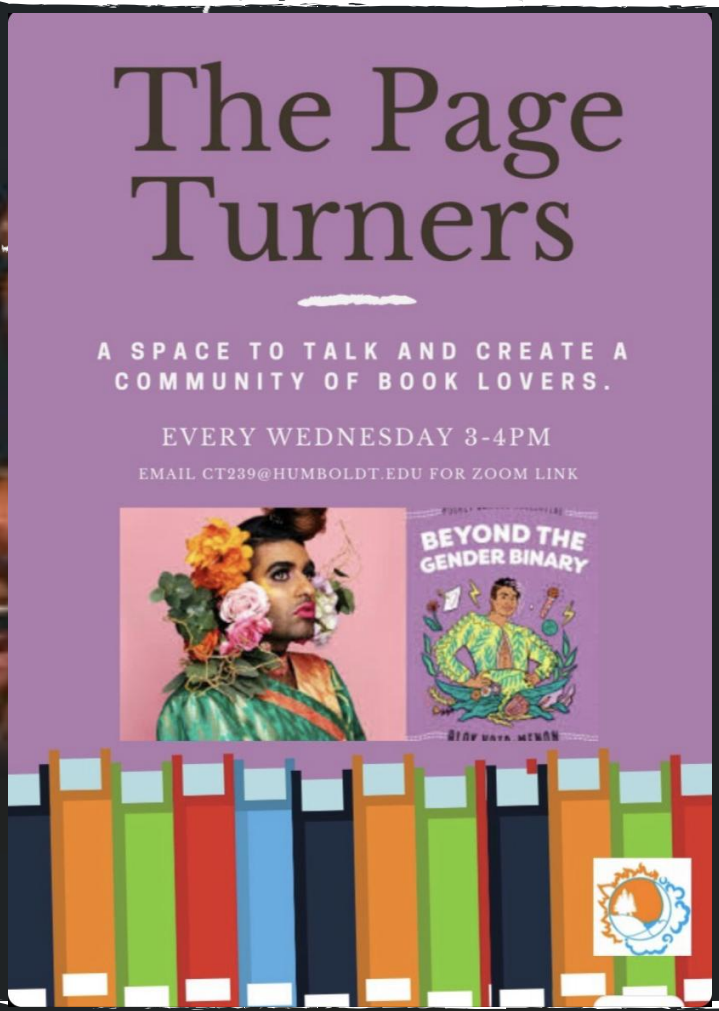
Q-BIPOC Talks

Streaming Pose

Every Thursday 5-6pm

EMAIL CT239@HUMBOLDT.EDU FOR ZOOM LINK

Streaming Pose
Every Thursday
5-6pm

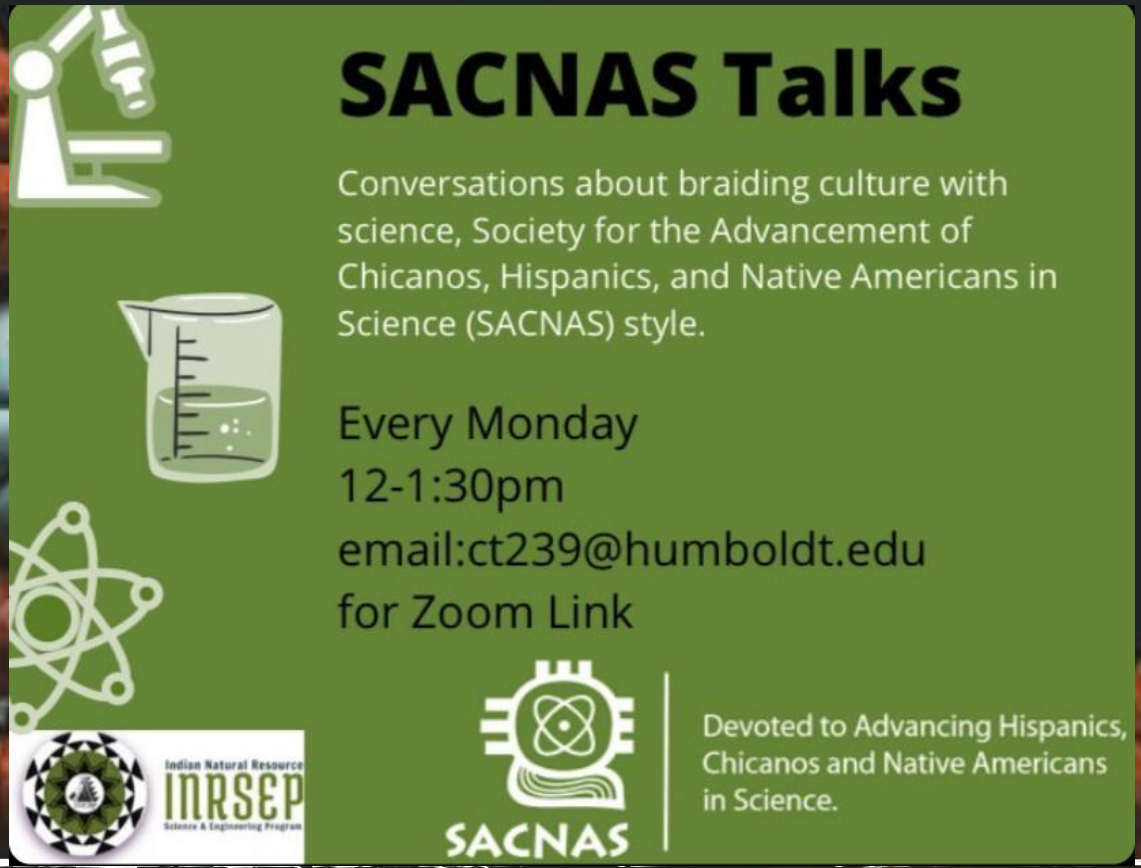


The Page Turners: A Community for Book Lovers

Every Wednesday

3-4pm

SACNAS Talks



Campus Oh Snap! Food Pantry

HUMBOLDT STATE UNIVERSITY

OhSNAP!

Go to...

Oh SNAP will be open the following hours starting September 7th 2020:

Tuesday: Noon-2pm & 3pm-5pm

Wednesday: 10am-Noon & 1pm-3pm

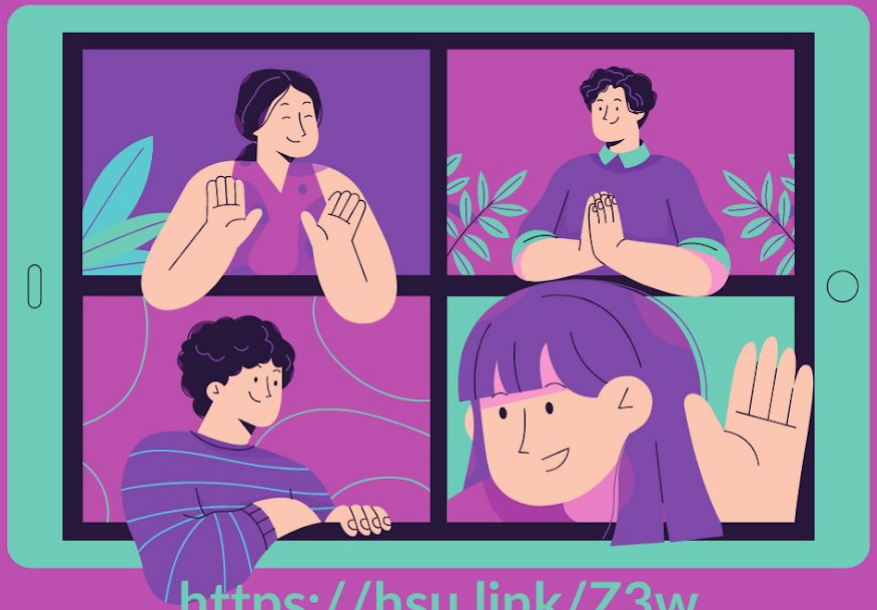
Friday: 9am-1pm

Oh SNAP is looking for folks who are interested in hosting our cooking classes! You would provide the recipe and host a live zoom session (facilitated by Oh SNAP) of you cooking the recipe. We would provide the ingredients to you and student participants who would follow along! We can also provide some recording equipment if needed!

1-3pm Mon. - Fri.

12-1pm Tue. & Thur.

Zoom with HSU Library Staff & Faculty



https://hsu.link/Z3w

Need Help from Library Staff & Faculty? Check out their zoom office hours

CREATE CONSENT CULTURE

Fall 2020
Beginning Sept. 11

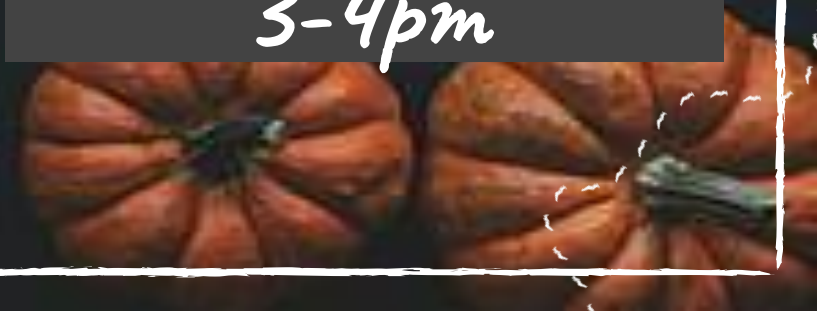
Create artwork, engage in social media outreach, plan events, develop resources, and more!

CHECK IT VOLUNTEER MEETINGS

Fridays @3-4pm
Zoom Mtg. ID:
97039761146
Link: https://humboldtstate.zoom.us/j/97039761146

Email mss62@humboldt.edu with any questions

Check It Volunteer Meetings Fridays from 3-4pm



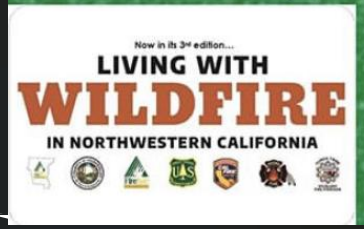
Fire Preparedness Resources

Fire Preparedness Resources

HUMBOLDT COUNTY FIRE SAFE COUNCIL

Exists to:

- Share fire-safety information
- Assess fire risk
- Promote community fire-safe planning and coordination
- Link fire-prevention program



Humboldt County FireSafe COUNCIL

LOCAL NEWS

- Lost Coast Outpost
- Redheaded Black Belt
- Eureka Times Standard
- North Coast Journal
- Redwood News

LOSTCOASTOUTPOST.COM

NCJ

REDWOOD NEWS

Fire Preparedness Resources

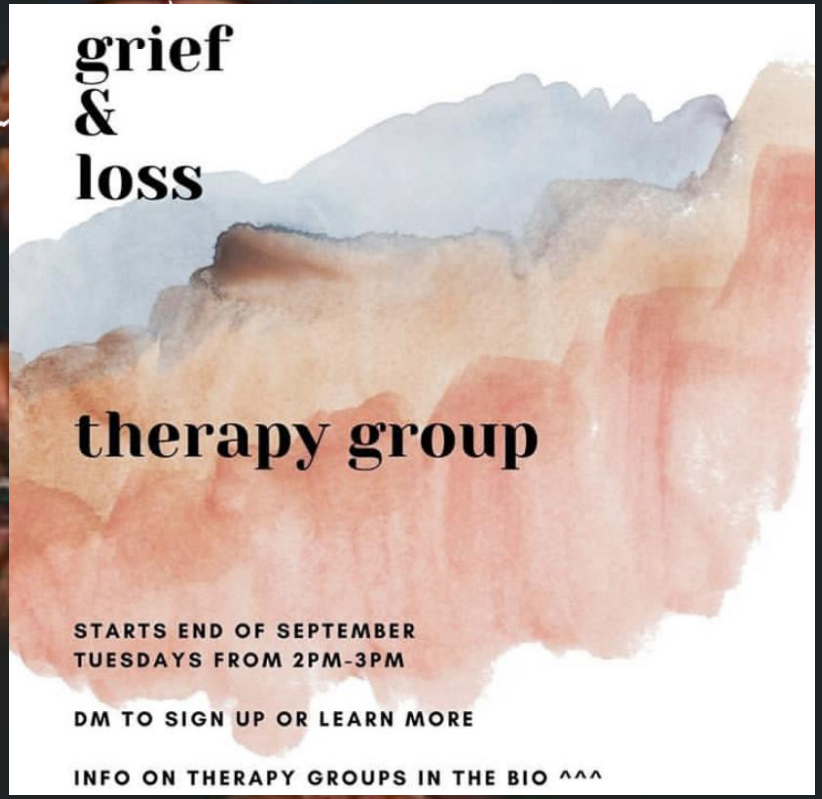
WHAT OTHER STEPS CAN YOU TAKE?

- Create a Wildfire Action Plan for your household
- Create a Family Communication plan to have an out of area point of contact
- Follow designated evacuation routes
- Keep an emergency supply kit

A GOOD EMERGENCY SUPPLY KIT

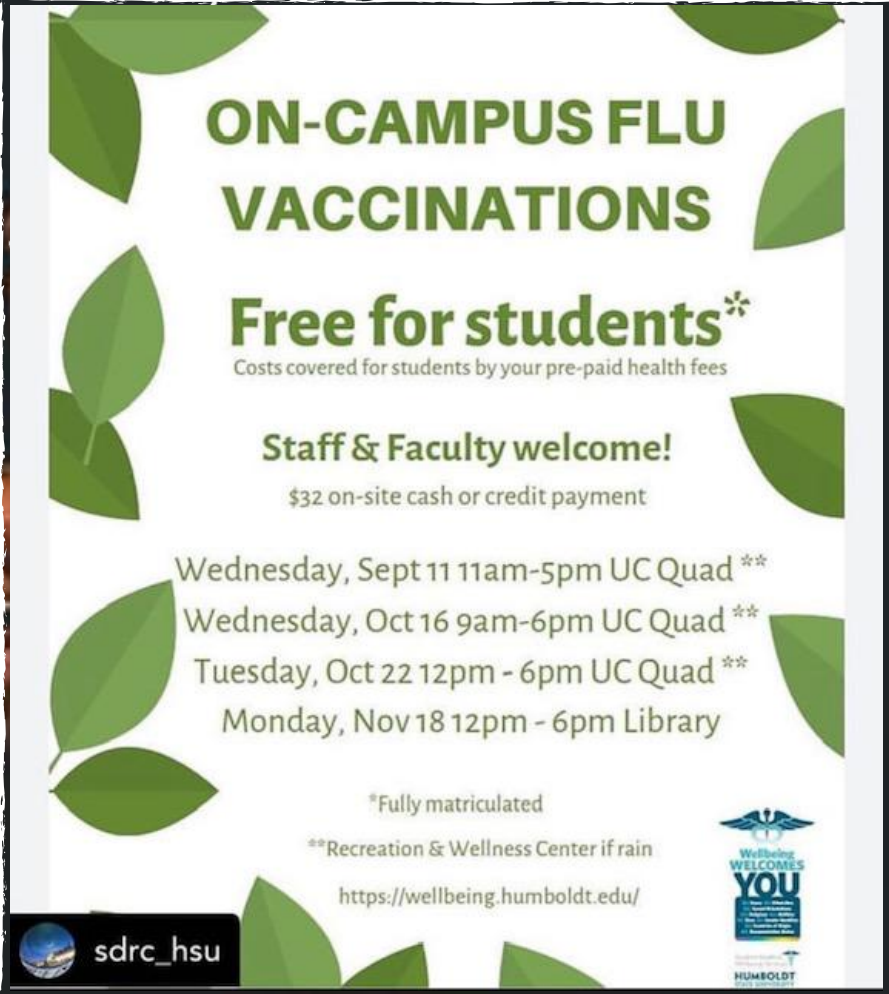
- Three to five day supply of food (non perishable) and water per person/pet
- First aid kit (including masks)
- Whistle, batteries, flashlight, and wireless phone charger
- Toiletries (toothbrush, soap, etc)
- Blankets or sleeping bags
- Extra clothing

Grief & Loss Therapy Group Presented by CAPS



2 likes

hsucaps Experiencing feelings/lack of feelings around loss in your life? Loss of a loved one? Loss of a relationship, partnership or friendship? Grief about losing your in-person classes, community, plans and activities? This is a group where we can openly connect and share about loss, grief and the tidal wave of emotions that can come with either (or the tidal wave that doesn't come, but you can tell it's in there waiting to crash). DM for more information, to sign up, or because you want to say hi.



Free student vaccinations

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On campus at the UC Quad

Go to

associatedstudents.humboldt.edu

for the link

A.S. PRESIDENT HERE TO TALK ABOUT CAMPUS, THE SENATE, A.S. FINANCES, STUDENT FEES & MORE!

VIRTUAL WALK-IN HOURS

JEREMIAH FINLEY

EVERY WEDNESDAY AT 5-6PM
AND THURSDAY AT 10-11AM
ZOOM LINK IN BIO

hsu_as

Resources Available for our Student Leaders this Virtual Semester

The Learning Center online!

Learning Center Online

The Learning Center is meeting students where they're at
--in class, on Zoom, by email, or through chat.

The Learning Center has new resources and services to support students online. The most significant updates are below. Visit our website or contact us to learn more. We'd love to meet with your department or student group.

The Learning Center online!

- Academic Peer Coaching - Peer to peer coaching is now available to help students identify and use effective academic strategies in their practice. Coaching is offered on a first-come, first-served basis.

- Connected Tutoring - Tutors are now paired with specific courses and sections so students can get to know and find their course's tutor easily. In addition, the ERE department is partnering with the Learning Center to offer embedded tutoring for select courses.

The Learning Center online!

- The Writing Studio will continue to offer student writing support through Zoom, email, or chat. Students can make an appointment from the Writing Studio's webpage or can Zoom with our front desk staff.

- Supplemental Instruction - Supplemental Instruction (SI) will offer synchronous SI courses via Zoom two days a week. In addition, the SI program is partnering with the Philosophy Department to support Phil 100 (Logic) with an SI course, Phil 198.

The Learning Center online!

- Embedded Supplemental Instruction (SI) leaders in Intensive Math Courses - The Learning Center's SI program is partnering with the Math Department to run SI within Math 101I, Math 103I, and Stat 108I courses.

- Math Tutoring Lab Hours - Since math and statistics classes will be supported with connected tutors and embedded SI leaders, the Math Tutoring Lab will have limited drop-in hours in the fall to support quantitative skills.